## 2024 EVUSA EDUCATION SYMPOSIUM



## **GENERAL INFORMATION**

Welcome to the 2024 Equestrian Vaulting USA Education Symposium featuring all a plethora of education for Coaches, Lungers, Vaulters, fans and parents. The symposium features World Class clinicians sharing a wealth of experience rarely under the same roof.

This year we have a new venue, the Grand Sierra Resort, Reno Nevada. The Biggest Little City. The Event will take place in the Silver State Pavilion.

## **Equestrian Vaulting USA Membership**

To attend vaulting, coaches and lunger tracks at the symposium you must be a 2024 member of the Equestrian Vaulting USA. We encourage all participants to obtain a 2024 membership. A fan membership for \$25.00 annually gives you access to EVUSA members-only site, Receive EVUSA Blasts. Attend all official EVUSA functions. To join go to:

- https://equestrianvaulting.org
- Click on "membership" then on Join/Renew in the dropdown menu.

#### **Travel & Hotel**

The Reno airport is just a quick 7-minute drive or ride to the Grand Sierra Resort Casino and Spa located at 2500 E 2nd St, Reno Nevada 89595
<a href="http://www.grandsierraresort.com">http://www.grandsierraresort.com</a>

## **Airport – Hotel Transfers**

Airport shuttle is available for FREE. Taxi ride from Airport The hotel is approximately 7 min ride from the Reno Airport – Taxi fee is about \$25 - \$30 one way.

## **GSR Casino Resort Package**

- Airport Shuttle
- In-room WiFi/internet
- Fitness Center Access
- Spa Amenities
- Public Parking
- In-room coffee maker
- 24hr Business Center computer access

### Dining

The GSR Casino and Spa hosts 14 restaurants. www.grandsierraresort.com

The hotel does not allow outside food to be brought into the meeting rooms or Ballroom, however there are lots of food options around the Grand Sierra Resort for groceries. Uber is just a \$18 ride (approximately) to the Walmart super store.

**The Awards and Recognition Programs** will be Saturday night in the Ballroom with a dessert bar free of charge. Reception starts approximately 6:30pm with a disco following awards. We will have a **silent auction** with many cool items and a raffle for **Lance Brown barrels.** If you have a donation please bring it to the Reception desk.

## **Frequently Asked Questions**

#### Will I need to rent a car?

The Grand Sierra Resort casino and Spa has an airport shuttle that is free. If you do rent a car with the resort fee parking is complimentary.

#### Does the hotel have a gym or pool?

Yes! The Hotel has a fitness Center, Full Spa, Bowling alleys, Movie Theater, swimming pool and much more. www.grandsierraresort.com

# I'm thinking of coming in a day early or leaving a couple of days later. Is that a good idea?

Reno is the 'The Biggest Little City', there are so many opportunities for every taste and age in Reno. Reno!

## **Education Symposium General Information**

A huge opportunity for learning and networking at this symposium. The schedule is structured so you'll have many occasions to meet people from the vaulting community. We promise that you'll go home with so much information your head will be spinning.

## New to the Symposium?

No problem! We have scheduled an orientation for new participants Friday morning at 7:45am. You will be guided through the lay of the land. We are in the Silver State Pavilion.

#### The schedule

The schedule can be viewed at <a href="https://www.vaultingsymposium.com">www.vaultingsymposium.com</a>

The schedule is 'Live' so please check for changes, you can review on your phone (the mobile app is more difficult to read) We will also post schedules to be viewed.

### How to Read the Schedule

## **VAULTING TRACK - Click on Groups for each day**

You will be placed in a group and receive specific wristbands. We try to group vaulters in like ages and levels. **YOU MAY NOT BE WITH YOUR FRIEND! MAKE A NEW ONE!** 

**IMPORTANT!** Do not move groups or join a group with your friend. If you find you are not in the right group, you can only change by coming to the Registration desk. Requests will be considered but change may not be possible.

Each group is assigned a color - follow your color through the clinicians. Below is a small example: The schedule links to the live schedule.

Group 8 in the example starts with Jacques Ferrari Barrel A, then moves to Kathrin Meyer at Barrel B.

FRIDAY	JACQUES FERRARI BARREL A	KATHRIN MEYER (BARREL B	QUENTIN JABET BARREL C	DANIEL JANES BARREL D	KIMMY PALMER BARREL E	LISE BERG BARREL F
7:45-8:15	WARM UP WITH YOUTH AMBASSADORS			WARM UP WITH YOUTH AMBASSADORS		
8:30-9:30	GROUP 6	GROUP 7	GROUP 8	GROUP 9	GROUP 10	GROUP 11
9:40-10:40	GROUP 5	GROUP 6	GROUP 7	GROUP 8	GROUP 9	GROUP 10

#### **Private Lessons**

You may leave your group to go to your private lesson, or your scheduled breakout session. There may be private lessons still available for purchase at <a href="https://www.vaultingsymposium.com">www.vaultingsymposium.com</a> until the Deadline of December 15, 2023.

After Deadline contact <u>vpeducation@equestrianvaulting.org</u> At the venue all requests to purchase private lessons will have to go through the Registration Desk.

- Be on time for your sessions
- Be polite and introduce yourself to the Clinician
- Bring a water bottle
- Bring a snack in your backpack
- Bring tennis shoes and vaulting shoes
- If you don't understand **ASK QUESTIONS**

Each day has a scheduled FREE session designed for you to take a rest, this is a lot of information and exercise.

# **COACH AND LUNGER TRACK Click on Schedule for each day**

This year our logistics and planning are slightly different. Most coaching and lunging sessions will take place in the Silver State Pavilion Meeting Rooms.

Example Schedule:

FRIDAY	MEETING ROOM S1	MEETING ROOM S2	
8:30-9:20	JUDGE AND COACHES TRAINING SEMINAR	LUNGEING VIDEO REVIEW HOW TO IMPROVE YOUR LUNGING TECHNIQUE	
9:30-10:20	PRESENTED BY ROB DE BRUIN CLOSED SESSION	OPTIONAL BRING A VIDEO OF YOUR LUNGING PETRA KIRCHNER CLOSED SESSION	
10:30-11:20	AVA OPEN JUDGES FORUM PRESENTED BY	HORSE TRAINING BIOMECHANICS IMPROVING YOUR HORSE SCORE THE GAIT	
11:30-12:20	KENDEL EDMUNDS	THE MUSCLES THE PITFALLS PETRA KIRCHNER CAROLYN BLAND CLOSED SESSION	

Some practical sessions may take place in the Ballroom. Be prepared to coach and be observed, this is a great learning environment to zone in on your coaching skills.

<sup>&</sup>quot;Never stop learning, for when we stop learning, we stop growing"

We will also schedule coaches meetings for everyone to have a chance to ask questions and meet coaches across the Country.

- Coaches and lungers can go to any of the closed sessions.
- Bring a water bottle
- Come with specific questions
- Participate in sessions this is a learning environment no judgment
- Have a notebook!

### Parents, Fans and Volunteers.

Parents, fans and volunteers must be registered and will receive a wristband at Registration. The symposium has lots of information and education for parents and fans. Parents can watch from the **seating** in the Ballroom, attend roundtable meetings and any **OPEN SESSION.** Open sessions are denoted in Green. Please check the schedule daily as we may add interesting sessions and Regional roundtables during the Symposium. The Conference center is accessible from the Hotel rooms without going through the casino. If you are a parent volunteer at your Club there are sessions on the New Competition Management system, scribing, how to read the scoresheets, nutrition and a few other interesting sessions. Take the opportunity to find out more about our organization, meet other parents, and get involved.

- Thursday you can view your vaulters private lesson in the Ballroom.
- Please do not crowd around the barrels during any clinician session.
- In the Ballroom you can watch from the available seating area.
- Plan lunch for your vaulter in scheduled lunch perimeters. You may have to order early if eating at Grand Sierra Resort restaurants.
- Plan snacks for your vaulter to have in their backpack
- If you have a suggestion for an informative session let us know, and we could try to add a roundtable. Contact <a href="mailto:vpeducation@equestrianvaulting.org">vpeducation@equestrianvaulting.org</a>

## Example Schedule:

1:30-2:20	BUILDING A SUCCESSFUL FREESTYLE	HOW TO SELECT A VAULTING HORSE PETRA KIRCHNER	
2:30-3:20	(C1 & C2 FOCUS) KYLYNN JAMES OPEN SESSION	CLOSED SESSION	NUTRITION PARENTS COACHES COMPETITIONS BIANCA HERRES
3:30-4:20	COACHING ENGAGING THE YOUNGER VAULTERS	CAVALETTI AND POLE WORK	READING SCORESHEETS KELLEY HOLLY OPEN SESSION PART 1
4:30-5:20	CLOSED SESSION	SESSION 1 BEGINNERS PETRA KIRCHNER	AVA PRESIDENT MEET AND GREET KATHERINE RAY

### **Volunteers**

Key volunteers are needed to run this huge event. If you have time on your hands and would like to help. Contact Carolyn Bland at <a href="mailto:vpeducation@equestrianvauling.com">vpeducation@equestrianvauling.com</a>

- Report to the Volunteer coordinator at the Registration Desk
- Report to your slot on time
- Familiarize yourself with the layout and the job description
- Thank you for your help!

#### DO'S AND DON'T

- Do check-in at Registration for your wristband
- Do arrive to sessions on time
- Do raise your hand to ask questions
- Do bring a Notebook and pens
- Do bring a water bottle
- Do participate in sessions and share your experiences
- Do make constructive suggestions of how things could work better
- Don't lose your wristband
- Don't bring food into any of the meeting rooms. The Grand Sierra Resort does not allow outside food
- Don't chatter amongst yourselves in meetings, be respectful of the Clinician or Speaker.
- Don't complain, constructive advice is welcomed. Be kind, this symposium is a huge undertaking for a Volunteer Organization.
- Don't forget to have FUN!